

# all2help: EVS with elderly and children in rural area

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## Details of the project:

Place: Almazán, Soria, Spain

Duration: 6 months from 5 February 2018.

Participants: 1 participant (from 18 to 30 years old). The project will include 3 volunteers

Work: Monday to Friday from 9:30 to 13:00 and from 17:00 to 20:00. 2 days of leave per month (accumulative) with some flexibility for special events.

## Accommodation, food and transport arrangements:

The volunteer will have a single room in a residential with other volunteers. Probably the bathroom will be private. Maintenance will be provided. They will leave in the Residencia Nuestra Señora de Guadalupe

Travel expenses (up to budget according to Erasmus + programme) is included.

Erasmus+ online linguistic support and health insurance.

Besides the mentor, a coordinator will be during the whole period to answer any question and support you.

## Project Description:

The volunteers will be involved in activities at local level with elderly and children. The program will be held in public buildings with the support of the town hall.

In the morning, the activities will be done with elderly in the Residencia Nuestra Señora de Guadalupe.

The tasks of the volunteers will be:

- Assist elderly in their daily routines
- Take a walk with elderly
- Sociocultural animation
- Crafting and drawing



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In the afternoon the activities will be done with children (17:00-20:00) in the cultural center.

The tasks of the volunteers will be:

- Support in the toy library
- Support with the homework to children facing learning difficulties
- Organising activities for kids/youth during free time
- Activities in the volunteer mother tongue



### **Volunteer profile:**

All2help is looking for volunteers with an interest in elderly, children and outdoors. The volunteer should be proactive, enthusiastic and self-motivated. Basic Knowledge of Spanish will be useful.

### **Additional information:**

The project is located in a beautiful village of Spain, Soria, Almazán.

Almazán has a population of around 7000 inhabitants. The town lies on the east bank of the Duero river. It is surrounded by contrast landscapes: beautiful pine and oak forest, cereal plains, canyons and steppe areas. Each landscape changes every season. It is an incredible place for trekking, fishing, hunting and mushroom lovers.

It is 20 minutes from Soria and 90 minutes from Madrid by road. There is public transportation to both cities.



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**Contact:**

Please send CV and motivation letter to [evs@all2help.org](mailto:evs@all2help.org).

If you have any question we will be happy to answer it.